



## **Specimen and Testing Requirements**

Qitek remains committed to complying with all applicable laws respecting medical necessity and correct coding. The following requirements summarize the minimum acceptable standards of Qitek respecting each test type, and include specimen collection requirements. In no case is the below intended to be comprehensive of all legal requirements, however, and in all cases the physician must exercise medical decision making to determine that a test is reasonable and necessary for the care, treatment or diagnosis of a particular patient.

### **Toxicology**

- Specimen requirements:
  - Urine (labeled with two identifiers, i.e. full name and DOB)
  - Complete requisition
  - Qitek retains the right to seek additional medical documentation if requested by insurance
- Specimen will be tested regardless of insurance, verified for consistent indications with ICD-10 listed, and verified for complete requisition

### **Hematology and Chemistry**

- Specimen requirements:
  - Blood (labeled with two identifiers, i.e. full name and DOB)
  - Complete requisition
  - Qitek retains the right to seek additional medical documentation if requested by insurance
- Specimen will be tested regardless of insurance, verified for consistent indications with ICD-10 listed, and verified for complete requisition

### **Molecular Microbiology (RPP and WND)**

- Specimen requirements:
  - Nasopharyngeal swab or swab (labeled with two identifiers, i.e. full name and DOB)
  - Complete requisition
  - Qitek retains the right to seek additional medical documentation if requested by insurance
- Specimen will be tested per insurance guidelines, verified for consistent indications with ICD-10 listed, and verified for complete requisition

### **Molecular Microbiology (UTI)**

- Specimen requirements:
  - Clean catch urine (labeled with two identifiers, i.e. full name and DOB)
  - Complete requisition
  - Qitek retains the right to seek additional medical documentation if requested by insurance



- Specimen will be tested per insurance guidelines, verified for consistent indications with ICD-10 listed, and verified for complete requisition

#### Pharmacogenomics

- Patient requirements:
  - Medically necessary as determined by the physician, including personal illness, symptoms, complaints or diagnosis (i.e. large amount of medications are being utilized for patient care)
  - Indication of use of result in the treatment or diagnosis of the patient (i.e. seeking to confirm use of medications is appropriate for treatment of patient)
- Specimen requirements:
  - Buccal swab (labeled with two identifiers, i.e. full name and DOB)
  - Complete requisition
  - SOAP notes
- Specimen will be tested per insurance guidelines, verified for insurance, verified for indications for testing per CMS guidelines based upon the SOAP notes, verified for consistent indications with ICD-10 listed, and verified for complete requisition

#### Cardiomyopathy

- Patient requirements:
  - Medically necessary as determined by the physician, including personal illness, symptoms, complaints or diagnosis (i.e. heart attack, age 54, potential for other diseases of the heart)
  - Indication of use of result in the treatment or diagnosis of the patient (i.e. seeking to determine source of heart attack (i.e. germline or other cause) and potential heart disease to medicate patient appropriately)
  - Family history if applicable (not required)
- Specimen requirements:
  - Buccal swab (labeled with two identifiers, i.e. full name and DOB)
  - Complete requisition
  - SOAP notes
- Specimen will be tested per insurance guidelines, verified for insurance, verified for indications for testing per CMS guidelines based upon the SOAP notes, verified for consistent indications with ICD-10 listed, and verified for complete requisition

#### Familial Hypercholesterolemia

- Patient requirements:
  - Medically necessary as determined by the physician, including personal illness, symptoms, complaints or diagnosis (i.e. high blood pressure, blood work presents high cholesterol for one instance)
  - Indication of use of result in the treatment or diagnosis of the patient (i.e. seeking to determine source of high cholesterol, whether it be dietary related or germline to appropriate medicate patient)



- Family history if applicable (not required)
- Specimen requirements:
  - Buccal swab (labeled with two identifiers, i.e. full name and DOB)
  - Complete requisition
  - SOAP notes
- Specimen will be tested per insurance guidelines, verified for insurance, verified for indications for testing per CMS guidelines based upon the SOAP notes, verified for consistent indications with ICD-10 listed, and verified for complete requisition

#### Parkinson's/Alzheimer's/Dementia

- Patient requirements:
  - Medically necessary as determined by the physician, including personal illness, symptoms, complaints or diagnosis (i.e. patient consistently misplaces keys, has trouble recollecting names of grandchildren)
  - Indication of use of result in the treatment or diagnosis of the patient (i.e. seeking to determine potential source of forgetfulness, seeking to determine potential for developing Parkinson's, Alzheimer's, or dementia to develop a preventative treatment plan)
  - Family history if applicable (not required)
- Specimen requirements:
  - Buccal swab (labeled with two identifiers, i.e. full name and DOB)
  - Complete requisition
  - SOAP notes
- Specimen will be tested per insurance guidelines, verified for insurance, verified for indications for testing per CMS guidelines based upon the SOAP notes, verified for consistent indications with ICD-10 listed, and verified for complete requisition

#### Carrier Screening

- Patient requirements:
  - Medically necessary as determined by the physician, including personal illness, symptoms, complaints or diagnosis (i.e. patient is pregnant)
  - Indication of use of result in the treatment or diagnosis of the patient (i.e. seeking to determine potential risk of passing on autosomal recessive and/or x-linked diseases to child)
  - Family history if applicable (not required)
- Specimen requirements:
  - Buccal swab (labeled with two identifiers, i.e. full name and DOB)
  - Complete requisition
  - SOAP notes
- Specimen will be tested per insurance guidelines, verified for insurance, verified for indications for testing per CMS guidelines based upon the SOAP notes, verified for consistent indications with ICD-10 listed, and verified for complete requisition



### Cancer Genomics

- Patient requirements:
  - Medically necessary as determined by the physician, including personal illness, symptoms, complaints or diagnosis (refer to CAG-00450R (<https://www.cms.gov/medicare-coverage-database/details/nca-decision-memo.aspx?NCAId=296>))
  - Indication of use of result in the treatment or diagnosis of the patient (CAG-00450R (<https://www.cms.gov/medicare-coverage-database/details/nca-decision-memo.aspx?NCAId=296>))
  - Family history if applicable (not required)
- Specimen requirements:
  - Buccal swab (labeled with two identifiers, i.e. full name and DOB)
  - Complete requisition
  - SOAP notes
- Specimen will be tested per insurance guidelines, verified for insurance, verified for indications for testing per CMS guidelines based upon the SOAP notes, verified for consistent indications with ICD-10 listed, and verified for complete requisition